5: Bancroft H-4 (no date) 1883 Plateau

771 787 was sent by his father to a high mountain and obliged to remain until he dreamed of some animal, bird, or fish, thereafter to be his medicine, whose claw, tooth, or feather was worn as a charm. The howling of the medicine-wolf 835 and some other beasts forebodes calamity, but by the Okanagans the white-wolf skin is held as an emblem of royalty, and its possession protects the horses of the tribe from evil-minded wolves. A ram's horns left in the trunk of a tree where they were fixed by the misdirected zeal of their owner in attacking a native, were much venerated by the Flatheads, and gave them power over all animals so long as they made frequent offerings 751 at the foot of the tree. The Nez Percés had a peculiar 783 custom of overcoming the *mawish* or spirit of fatigue, and thereby acquiring remarkable powers of endurance. The ceremony is performed annually from the age of eighteen to forty, lasts each time from three to seven days, and consists of thrusting willow sticks down the throat into the stomach, a succession of hot and cold 756 baths, and abstinence from food. Medicine-men acquire or renew their wonderful powers by retiring to the mountains to confer with the wolf. They are then invulnerable; a bullet fired at them flattens on their breast. To allowing their portraits to be taken, or to the operations of strange apparatus they have the same aversion 343 that has been noted on the coast.[190] Steam baths are 515 universally used, not for motives of cleanliness, but some- 783 times for medical purposes, and chiefly in their superstitious ceremonies of purification. The bath-house is a hole dug in the ground from three to eight feet deep, and sometimes fifteen feet in diameter, in some locality where wood and water are at hand, often in the river bank. It is also built above ground of willow branches covered with grass and earth. Only a small hole is left 753 825

[190] 'L'aigle....est le grand oiseau de médecine.' *De Smet, Voy.*, pp. 46, 205; *Wilkes' Nar.*, in *U. S. Ex. Ex.*, vol. iv., pp. 494–5; *Stevens*, in *Ind. Aff. Rept.*, 1854, p. 212, and in *De Smet's West. Miss.*, pp. 285–6; *Suckley*, in *Pac. R. R. Rept.*, vol. i., p. 297; *Hale's Ethnog.*, in *U. S. Ex. Ex.*, vol. vi., p. 208–9; *Ross' Fur Hunters*, vol. i., p. 64, vol. ii., p. 19; *Kane's Wand.*, pp. 267, 280–1, 318.